

IN MY LIFE

My Blog this week are reflections on aspects of my life, it is inspired by the Beatles Song – In My Life. I love this song because it makes me reflect on a simpler time when I was born and how people used to treat each other – and makes me face the harsh realities of how and who we may have become through life's kaleidoscope of changes;

*There are places I remember
All my life, though some have changed
Some forever not for better
Some have gone and some remain*

It forces one to re- examine one's life and reflect on where you are and what more you want to achieve, it makes you delve into your soul and face your mortality and see if this is the place you want to be at this point in your life and if not, how will you mobilize yourself to get to that point of "utopia".

Utopia for me is very simple – clean living, good morals and attitudes, respect, hard working, ethical, caring, sharing, giving of yourself for the greater good – be it personal relationships through family life, friendships and/or intimate relationships. I feel when you can deeply analyze yourself and face your demons you come out stronger and resolute and can face the world.

The season of LENT is one that makes me step back and review and reflect on my life. The season of Lent in the Christian Community is one of rigorous testing and challenges but how we overcome is so important. During the period of LENT forty and thirty three years ago I lost my beloved father and step father respectively. They were my rock and greatest champions especially my step father. In my life I take comfort that they watch over me and guide my actions and in a far away dream guide me to self actualize to be the best person that I ought to be.

During this period I have taken a journey and relived the best of my past and to my pleasant surprise saw that for the better part over a forty year period, it remained intact – it was a wonderful feeling and testimony to the foundation that was laid down for me and also to prepare me, as many do not have a solid reference point thus their lives remain in constant turmoil. As the Beatles song eloquently states;

*Though I know I'll never lose affection
For people and things that went before
I know I'll often stop and think about them
In my life I love you more
In my life I love you more*